

Place	Bib	Name	State	City	Age	Club	GunTime	Pace
<b>5K</b>								
<b>Female 9 &amp; Under</b>								
1.	208	Balaji, Srihiranmayi	New York	Mechanicville	9		41:43	13:25 / mi
<b>Female 10-14</b>								
1.	370	Gore, Gargee			10		28:45	9:15 / mi
2.	248	Iyer, Surabhi	New York	Clifton Park	10		28:58	9:19 / mi
3.	228	Gajendran, Hasini	New York	Watervliet	10		33:53	10:54 / mi
<b>Female 15-19</b>								
1.	286	Mistry, Riya	New York	Clifton Park	15		32:13	10:21 / mi
2.	339	Sramek, Ann	New York	Clifton Park	15		32:57	10:36 / mi
3.	239	Haffey, Meghan	New York	Glenville	15		40:44	13:06 / mi
<b>Female 20-24</b>								
1.	233	Goronkin, Alya	New York	Albany, NY	20		43:42	14:03 / mi
2.	235	Groshans, Kim	New York	Albany, NY	20		45:42	14:42 / mi
3.	281	Mehta, Shantala	New York	Loudonville	20		53:16	17:08 / mi
<b>Female 25-29</b>								
1.	369	Raca, Susan			25		27:47	8:56 / mi
2.	314	Radliff, Abigail	New York	Stillwater	25		34:19	11:02 / mi
3.	305	Patel, Hiteksha	New York	East Greenbush	25		43:28	13:59 / mi
<b>Female 30-34</b>								
1.	266	Leigh, Brittanie	New York	Johnstown	30		27:45	8:55 / mi
2.	289	Moore, Courtney	New York	Cohoes	30		33:46	10:51 / mi
3.	277	Mattison, Hillary	New York	Greenwich	30		41:06	13:13 / mi
<b>Female 35-39</b>								
1.	211	Beck, Hillary	New York	Guilderland	35		29:23	9:27 / mi
2.	307	Patel, Payalben	New York	Mechanicville	35		46:08	14:50 / mi
3.	367	Selvam, Sangeeth			35		54:32	17:32 / mi
<b>Female 40-44</b>								
1.	223	Donato, Elisa	Vermont	Sunderland	40		27:19	8:47 / mi
2.	312	Prevo-White, Olya	New York	Mechanicville	40		30:46	9:53 / mi
3.	251	Jensis, Brenda	New York	Castleton	40		34:04	10:57 / mi
<b>Female 45-49</b>								
1.	300	olsen, Shelby	New York	Clifton Park	45		29:42	9:33 / mi
2.	381	Davis, Kristen			49		35:07	11:18 / mi
3.	393	Starr, Patricia			49		36:03	11:36 / mi
<b>Female 50-54</b>								
1.	365	Matthews, Kara			50		30:16	9:44 / mi
2.	291	Morrell, Eleonora	New York	Clifton Park	50		34:23	11:03 / mi
3.	346	Terwilliger, Carol	New York	Scotia	50		43:10	13:53 / mi
<b>Female 55-59</b>								
1.	325	Romano, Annette	New York	Malta	55		25:43	8:16 / mi
2.	361	Wilke, Ingrid	New York	Cohoes	55		27:14	8:45 / mi
3.	270	Lockridge-Hetko, Klm	New York	Troy	55		32:41	10:30 / mi

# Good Karma 5K

## Age Group Awards



Place	Bib	Name	State	City	Age	Club	GunTime	Pace
<b>Female 60-64</b>								
1.	391	Nieves, Ines			64		32:15	10:22 / mi
2.	297	Nortz, Gretchen	New York	Albany	60		32:42	10:31 / mi
3.	252	Kahrs, Karen	New York	North Creek	60		35:25	11:23 / mi
<b>Female 65-69</b>								
1.	212	bender, barbara	New York	TROY, NY	65		34:17	11:01 / mi
2.	226	Frament, Rebecca	New York	East Greenbush	65		36:48	11:50 / mi
3.	395	Davidson, Donna			67		39:37	12:44 / mi
<b>Female 70-74</b>								
1.	366	Ogard, Lydia			70		1:10:19	22:37 / mi
<b>Male 10-14</b>								
1.	317	Ramamurthy, Taarak	New York	Clifton Park	10		29:00	9:19 / mi
2.	387	Nagarkar, Rishabh			12		37:18	12:00 / mi
3.	284	Meyyan, Jay	New York	EAST GREENBUSH	10		41:59	13:30 / mi
<b>Male 15-19</b>								
1.	399	Koratkar, Mihiri			15		30:31	9:49 / mi
2.	389	Smith, Alkeem			18		31:51	10:14 / mi
3.	287	Mistry, Rohan	New York	Clifton Park	15		32:58	10:36 / mi
<b>Male 20-24</b>								
1.	238	Hada, Vishal	New York	MENANDS	20		21:08	6:47 / mi
<b>Male 25-29</b>								
1.	332	Shastry, Aneesh	New York	Ballston Lake	25		30:02	9:39 / mi
2.	375	Elangovan, Madhavan			25		55:29	17:51 / mi
<b>Male 30-34</b>								
1.	373	Millan, Carlos			30		32:26	10:26 / mi
2.	308	Patel, Sapan	New York	East Greenbush	30		43:28	13:59 / mi
3.	204	Almirall, Nathan	New York	Niskayuna	30		59:59	19:18 / mi
<b>Male 35-39</b>								
1.	236	Gupta, Ankit	New York	Guilderland	35		24:46	7:58 / mi
2.	224	Eshraghi, Maryam	New York	Scotia	35		29:21	9:26 / mi
3.	385	Mankala, Santhosh			36		30:09	9:42 / mi
<b>Male 40-44</b>								
1.	352	Van Flue, Michael	New York	Troy	40		21:45	6:59 / mi
2.	292	Nagarkar, Kaustubh	New York	Clifton Park	40		24:06	7:45 / mi
3.	394	Singh, Sherjang			43		24:06	7:45 / mi
<b>Male 45-49</b>								
1.	371	Gore, Amit			45		23:06	7:25 / mi
2.	258	Koratkar, Nikhil	New York	HALFMOON	45		25:15	8:07 / mi
3.	234	Gowda, Arun	New York	Rexford	45		26:15	8:26 / mi
<b>Male 50-54</b>								
1.	382	Krisa, John			50		25:16	8:07 / mi
2.	380	Davis, Brian			50		25:38	8:14 / mi
3.	206	Appanah, Sivakumaran	New York	Rexford	50		28:39	9:13 / mi

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Place	Bib	Name	State	City	Age	Club	GunTime	Pace
<b>Male 55-59</b>								
1.	329	Sestito, John	New York	Johnsonville	55		20:07	6:28 / mi
2.	265	Langevin, Mike	New York	Albany	55		22:53	7:21 / mi
3.	214	Bowmanchester, Scott	New York	Albany	55		31:00	9:58 / mi
<b>Male 60-64</b>								
1.	246	Hislop, Reid	New York	HALFMOON	60		24:33	7:53 / mi
2.	215	Brickman, David	New York	Albany	60		29:26	9:28 / mi
3.	275	Maloney, Steve	New York	Niskayuna	60		29:57	9:38 / mi
<b>Male 65-69</b>								
1.	243	Hetko, Joe	New York	Cohoes	65		32:44	10:32 / mi
2.	296	Nordquist, Peter	New York	Queensbury	65		45:54	14:46 / mi
<b>Male 70-74</b>								
1.	383	Bennett, Richard			70		27:54	8:58 / mi
2.	213	bender, frank	New York	Troy	70		34:16	11:01 / mi
3.	225	Farley, Timothy	New York	Scotia	70		38:19	12:19 / mi